

Medical College of Georgia
Spring 2009
Intramural Racquetball Rules & Information

Team Registration:

To register, individuals must submit an entry form and pay their entry fee at the front desk of the Wellness Center by 6:00pm on Wednesday, January 27, 2010. Entries will be taken on a first-come, first-serve basis. Late entries may not be accepted due to facility and time constraints. Individuals who enter late may request to be placed on the "Waiting List."

Entry Fee:

All student and student spouse participants will be required to pay a \$10 entry fee. All other participants will be required to pay a \$15 entry fee. **Refunds will not be granted after the initial schedule has been posted.** Fees may be transferred to a different session or program upon the approval of the Wellness Center.

Activity Format:

1. Individuals will play a 5 game regular season followed by a single-elimination tournament.
2. Matches will be played from 5:30 pm to 10:00 pm, starting on Monday, February 1, 2010.
3. Divisions: Both Men's and Women's leagues will be offered. Divisions are open to all currently enrolled MCG students and their spouses; presently employed MCG faculty, staff, housestaff, post-doctoral fellows, and residents; and Wellness Center Members.

General Information:

1. Schedules for the season will be available by 2:00pm on Friday, January 29th.
2. Games will be scheduled for Monday nights, but participants may reschedule at their convenience. To reschedule a match, the individual making the request must contact the IM Sports office and the opponent to set a date and time. **All reschedules must take place within the week of the original contest date.**
3. Games will be played at the racquetball court in the Alumni Center.
4. All participants are required to present a valid picture identification to the opposing player prior to EACH game or contest. If a participant fails to present the picture ID, he/she will not be eligible to participate. It is the sole responsibility of the participants to verify ID's.
5. No individual will be allowed to compete who is suspected to be under the influence of drugs or alcohol.

Racquetball Rules

Play will be governed by the United States Racquetball Association Rules. The following are modifications and highlights of these rules.

EQUIPMENT

- A. Racquets and game balls shall be provided by the participants. Rental equipment is available at the MCG Wellness Center.
- B. Safety eye wear is strongly recommended, but not required, during all games.

SCORING

Points are only scored by the player or team in service. Fifteen points constitutes a game. A match victory consists of a player winning 2 out of 3 games, winning by two.

SERVING

1) The server can stand in any part of the service zone. He/she must bounce the ball on the floor and stroke it to the front wall first, and the ball must rebound over the service line before hitting the floor. The legal serve can be either a straight rebound from the front wall or a combination with one sidewall, hitting the floor past the service line. Any other serve is illegal. There are two types of illegal serves:

- A) "short" or "long" which allows for a second serve.
- B) Serve that results in a side-out
 1. Serve which hits the sidewall first
 2. Serve which hits the server on its backward flight.

RECEIVING TEAM

- 1) Receiving player or team must remain five feet behind the service line until the ball is served and he/she cannot return the ball legally until it lands on or passes over the service line.
- 2) Long serve - the receiver has the option of playing a long serve. If his partner calls the ball long, a second serve is allowed.
- 3) Players may hit the ball on either the volley (as long as he remains 5 feet behind the short line) or on one bounce, and can return it to the front wall with any combination of walls as long as the ball does not touch the floor before hitting the front wall.

GAME PLAY

- 1) Once the ball is put into play, a rally continues until the player or side serving or receiving has returned the ball to the front wall and no return is made by the opposition. Each team is allowed a clear view and room to execute a shot on the ball on a return during a volley. Interference is considered a hinder and the point is played over.
 - A) Service hinder: "shadow" serves in which the served ball passes so close to the server's body that it impedes the view of the ball by the receiver.
 - B) Returns: ball that strikes the opponent.
 - C) Rally hinder: player not given a clear view or position for return shot. Physical contact that impedes effort of player to return ball.
 - D) Safety hinder: if player avoids returning ball because of fear of hitting his opponents with the racquet, a hinder call should be made.
- 2) If the ball is touched with a hand, arm, or any part of the body during the return, it is an out or a point, as the case may be.