



MCG

Child Care Resource & Referral Agency of Central Georgia at Macon

277 Martin Luther King, Jr. Blvd., Suite 104
Macon, GA 31201

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Hours of Operation: Monday - Friday 8:30 a.m. - 5:00 p.m.

GEORGIA'S HEALTH SCIENCES UNIVERSITY

Fall 2009 Training Calendar

Vol. 1, Issue 3
October-December 2009

Inside This Issue:

Trainings at a Glance

Free Workshops

- Child Abuse Awareness
- Bugs, Worms and Nasty Germs
- Reducing Risk in the Child Care Setting

Family Child Care Pre-Service

40-Hour Director Training

National Accreditation Information Session

Family Development Credential

Guest Trainers

- Angie Moore
- Joanne Lynch
- Certified People Respond
- Quality Care for Children

Proudly Serving:

Baldwin	Bibb
Butts	Clayton
Coweta	Fayette
Glascoc	Greene
Hancock	Heard
Henry	Jasper
Jefferson	Jones
Lamar	McDuffie
Monroe	Newton
Pike	Putnam
Rockdale	Spalding
Taliaferro	Twiggs
Warren	Washington
Wilkinson	

More to Come!

Keep an eye out for our upcoming newsletter to learn more about what happening in our region. You can also visit our website (www.mcg.edu/ccrr) to get the latest information about training opportunities.

Call or e-mail us (ccrrcentralga@mcg.edu) if you need any additional assistance or have any suggestions on how we can better serve you.

Training Location Update

We have confirmed training locations in the following communities:

Covington, Fayetteville, Griffin, Jackson, Locust Grove, Macon, Newnan, Sandersville, and Thomson

We have strong leads in the following communities:

Conyers and Eatonton

We are still looking to find locations in the following communities:

Stockbridge and anywhere in Clayton County

Training At GAYC

If you're attending the GAYC Annual Conference this year (October 9-10; visit www.gayconline.org for more information), stop by and introduce yourself to Jason Jacobs, our Training Manager. He will be presenting on Rough and Tumble Play on Friday and Injury Prevention on Saturday.

Interested in Quality Improvement or Accreditation? Need a CDA Advisor?

Contact our Technical Assistance Manager, Sheryl Irwin, at sirwin@mcg.edu or 706-836-6853.

CEU's Available

CEU's (Continuing Education Units) are available for all of this quarter's trainings except the following: Registration Orientation Meeting (ROM), CPR, First Aid, Informational Sessions. See the registration form for details.

FALL 2009 TRAININGS AT A GLANCE

LOCATION: MCG CCR&R, Macon		277 Martin Luther King, Jr. Blvd.	
DAY, DATE	TIME	CLASS	COST
T, Oct. 13	9:00 am – 4:00 pm	Registration Orientation Meeting (Required for FCC Pre-Service)	FREE*
T, Oct. 13	6:30 pm – 8:30 pm	Food Safety and Sanitation for Child Care Learning Programs	\$10
T, Oct. 20	6:30 pm – 8:30 pm	Child Abuse Awareness: Protecting Children, Families & Staff (First Year Basics)	\$10
Th, Oct. 22	7:00 pm – 8:30 pm	National Accreditation Information Session <i>(no credit hours awarded)</i>	FREE*
S, Oct. 24	8:00 am – 12:00 pm	Stress-Free Feeding for Infants, Toddlers and Caregivers Too!	\$20
	1:00 pm – 3:00 pm	Everyday Outdoor Play for Infants	\$10
T, Nov. 3	6:30 pm – 8:30 pm	Building a Quality Foundation: GELS and The Activity Guide for Teachers (Accepted for FCC Pre-Service)	\$10
Th, Nov. 5	6:30 pm – 8:30 pm	Learning Essentials Through Art Experiences	\$10
M, Nov. 9	6:30 pm – 8:30 pm	Building Blocks of Healthy Sexual Development	\$10
M-S, Nov. 9-14	8:30 am – 3:30 pm	40- Hour Director Orientation	\$450
T, Nov. 10	9:00 am – 4:00 pm	Registration Orientation Meeting (Required for FCC Pre-Service)	FREE*
T, Nov. 10	6:30 pm – 8:30 pm	Recognizing and Reducing Stress in Young Children	\$10
T, Nov. 17	6:30 pm – 8:30 pm	Creating Order Out of Chaos! Developing Daily Schedules and Routines	\$10
T, Dec. 1	6:30 pm – 8:30 pm	Ages and Stages of Child Development: The Preschool Years	\$10
M, Dec. 7	6:30 pm – 8:30 pm	Reducing Risk in the Child Care Setting (First Year Basics)	FREE**
T, Dec 8	9:00 am – 4:00 pm	Registration Orientation Meeting (Required for FCC Pre-Service)	FREE**
T, Dec. 8	6:30 pm – 8:30 pm	Bugs, Worms and Nasty Germs: Keeping Child Care Healthy (First Year Basics)	FREE**
LOCATION: Washington EMC, Sandersville		258 N. Harris St.	
S, Oct. 17	8:00 am – 10:00 am	Child Abuse Awareness: Protecting Children, Families & Staff (First Year Basics)	FREE**
	10:15 am – 12:15 pm	Bugs, Worms and Nasty Germs: Keeping Child Care Healthy (First Year Basics)	FREE**
	1:00 pm – 3:00 pm	Engaging Parents: Seven Steps to Better Relationships (Accepted for FCC Pre-Service)	\$10
LOCATION: Miller Plaza Learning Center, Milledgeville		820 N. Wayne St.	
S, Oct. 31	8:30 am – 12:00 pm	CPR	\$35
	12:00 pm – 3:30 pm	First Aid	\$25
Th, Nov. 5	7:00 pm – 8:30 pm	National Accreditation Information Session <i>(no credit hours awarded)</i>	FREE*
S, Dec. 19	8:00 am – 10:00 am	Young Children and Challenging Behaviors	\$10
	10:15 am – 12:15 pm	Snakes & Snails & Other Tall Tales: What Are Boys Really Made Of?	\$10
	1:00 pm – 3:00 pm	Making Messes and Breaking Rules: Tips and Tricks for School- Age Programming	\$10
LOCATION: Fayette County Public Library, Fayetteville		1821 Heritage Park Way	
S, Nov. 7	10:00 am – 12:00 pm	Child Abuse Awareness: Protecting Children, Families & Staff (First Year Basics)	FREE**
	12:45 pm – 2:45 pm	Bugs, Worms and Nasty Germs: Keeping Child Care Healthy (First Year Basics)	FREE**

LOCATION: Harvest Christian Preschool, Griffin		1427 U.S. Hwy 41 By-Pass South	
S, Dec. 5	8:00 am – 10:00 am	Tailoring for Temperaments	\$10
	10:15 am – 12:15 pm	Engaging Parents: Seven Steps to Better Relationships	\$10
	1:00 pm – 3:00 pm	Young Children and Challenging Behaviors	\$10
LOCATION: Thomson-McDuffie Library, Thomson		338 Main Street	
S, Nov. 21	8:00 am – 10:00 am	Circles of Safety: A Community Approach	\$10
	10:15 am – 12:15 pm	DAP Makes a Difference! Engaging Young Learners	\$10
	1:00 pm – 3:00 pm	Snakes & Snails & Other Tall Tales: What Are Boys Really Made Of?	\$10
LOCATION: Macedonia Baptist Church, Jackson		151 Macedonia Church Road	
S, Dec. 12	9:00 am – 12:30 pm	CPR	\$35
	1:00 pm – 3:00 pm	First Aid	\$25

* Participants may pre-register for free training sessions by contacting Caren Tyndall, CCR&R Training Assistant, at cyndall@mcg.edu or by using the fax or phone numbers found on the first page. Include the name, phone number, child care program and county for each person attending.

FIRST YEAR BASICS/HEALTH & SAFETY

Bugs, Worms and Nasty Germs: Keeping Child Care Healthy

ECE-2: 2 Hours

This workshop will prepare providers to confront the unseen risks of infectious disease in the child care setting and maintain a healthy environment for all.

**Trainer: Jason B. Jacobs
MCG CCR&R**

Child Abuse Awareness: Protecting Children, Families & Staff

ECE-2: 2 Hours

Keep current on issues related to child abuse and neglect. Learn the skills necessary for recognizing and responding to children and their families in times of critical need. Discuss ways to create an environment that strengthens and protects families and staff.

**Trainer: Jason B. Jacobs
MCG CCR&R**

Reducing Risk in the Child Care Setting

ECE-2: 2 Hours

Burns, choking and falls; oh, my! Whoever knew growing up could be so dangerous? Participants will enter the world of little ones and prepare a safe place for children to play and grow. This is a highly interactive time of learning together.

**Trainer: Jason B. Jacobs
MCG CCR&R**

Registration for "First Year Basics" training sessions indicated as FREE is limited to **four free participants from one child care location. More than four are permitted to attend at the regular training rate of \$10 per class per person.

These classes are intended as First Year Basic requirements for child care providers and for participants in the DHR CAPS program. Providers who are not in their first year are encouraged to attend a variety of trainings that will challenge and support their professional development and leave the available free training slots to those who are required to take them.

GENERAL TOPICS

Ages and Stages of Child Development: The Preschool Years

ECE 1 – 2 Hours

Is that normal for a 3 year old? If parents ask, can you answer? This workshop is designed to help understand typical preschooler's development and Ages/Stages of Development.

**Trainer: Angie Moore
Independent Trainer**

Building Blocks of Healthy Sexual Development

ECE-4: 2 Hours

Participants will learn to recognize healthy and developmentally expected sexual behaviors in children and how to respond to behaviors in a supportive and constructive manner with parents and caretakers in order to create positive environments within families and communities.

**Trainer: Jason B. Jacobs
MCG CCR&R**

Building a Quality Foundation: GELS and The Activity Guide for Teachers**ECE-3: 2 Hours**

Come and learn how to construct the basic foundation for an early childhood program using the tools - Georgia Early Learning Standards and The Activity Guide for Teachers.

**Trainer: Angie Moore
Independent Trainer****CPR & First Aid**

These trainings will include adult, child and infant CPR as well as information necessary to treat minor injuries that can occur in a child care setting. For more information on what to look for in a CPR/First Aid training, visit our website at www.mcg.edu/pediatrics/ccrr/documents/GeneralGuidelinesforFireSafety.pdf.

Trainer: Varies by Location**Circles of Safety: A Community Approach****ECE-2, SAC-2, ADM-6: 2 Hours**

Participants will learn to recognize sexual behaviors in children and adults that range from healthy to abusive and useful techniques for responding to these behaviors.

**Trainer: Jason B. Jacobs
MCG CCR&R****Creating Order out of Chaos! Developing Daily Schedules and Routines****ECE-4: 2 Hours**

This training is designed to help teachers and providers develop an appropriate daily schedule with routines and transitions that work.

**Trainer: Sheryl Irwin
MCG CCR&R****DAP Makes a Difference: Engaging Young Learners****ECE-3: 2 Hours**

“DAP” stands for “Developmentally Appropriate Practice”, and this workshop is the first in a series that we will be offering to help child care providers stay current with best practices in the field of early childhood education. Engaging Young Learners will examine teacher-directed, teacher-guided and child-directed approaches in the classroom. Participants will learn to develop lesson plans which takes these approaches into account to support the developmental domains.

**Trainer: Kimberly Cummings
MCG CCR&R****Engaging Parents: Seven Steps to Better Relationships****ECE-5: 2 Hours**

Providers, are you tired of wondering how you'll ever please your parents? Discover the one thing parents really desire most and learn simple approaches to meeting that need and building lasting relationships through effective communication.

**Trainer: Jason B. Jacobs
MCG CCR&R****Everyday Outdoor Play for Infants****ECE-4: 2 Hours**

Participants will discuss the role of the outdoor environment as an important tool for learning in infant care. Practical ideas will be shared to make outdoor play work every day.

**Trainer: Jason B. Jacobs
MCG CCR&R****Food Safety and Sanitation for Child Care Learning Programs****ECE-2: 2 Hours**

The safety of meals prepared for young children should be of great concern! Learn how to make your meals safe and your food service sanitary.

**Trainer: Angie Moore
Independent Trainer****Learning Essentials Through Art Experiences****ECE3- 2 Hours**

Through art, children create something that, until that point, was only imagined! Understand what skills children learn through art experiences in a pre-k classroom.

**Trainer: Angie Moore
Independent Trainer****Making Messes and Breaking Rules: Tips and Tricks for School-Age Programming****SAC-3: 2 Hours**

Do you want to motivate children in your after school program? Do bad attitudes or general lack of interest get in the way each day? This training is for you! You will have fun in this class! Come dressed for messes and movement.

**Trainer: Jason B. Jacobs
MCG CCR&R****Recognizing and Reducing Stress in Young Children****ECE-4: 2 Hours**

This training is designed to define and recognize good and bad stresses in young children. Practical strategies for helping today's children cope with stress will be shared with participants, as well as, signs that indicate the need for professional help.

**Trainer: Jason B. Jacobs
MCG CCR&R**

Snakes & Snails & Other Tall Tales: What Are Boys Really Made Of? (2 Hours)

**Trainer: Jason B. Jacobs
MCG CCR&R**

ECE-4: 2 Hours

Participants will review some of the most recent discoveries on what makes boys in early child care tick and makes them so different from girls.

Stress-Free Feeding for Infants, Toddlers and Caregivers Too!

**Trainer: Jason B. Jacobs
MCG CCR&R**

ECE-4: 4 Hours

When it comes to feeding infants and toddlers, the most important rule is “You provide; they decide.” The feeding relationship is an opportunity to establish trust, learn social skills and build healthy habits for life.

Tailoring for Temperaments

**Trainer: Jason B. Jacobs
MCG CCR&R**

ECE-4: 2 Hours

Just how important is temperament? Often, it is the reason teachers are drawn to one child and frustrated by another. This engaging training will cover the nine different temperament traits and how teachers can accommodate for temperamental differences and support healthy growth and development in every child.

Young Children and Challenging Behaviors

**Trainer: Jason B. Jacobs
MCG CCR&R**

ECE-4: 2 Hours

This training is designed to identify challenging behaviors in young children and the contributing factors behind them. The training also identifies practical strategies for addressing challenging behaviors in the early care setting.

FAMILY CHILD CARE PRE-SERVICE

***Registration Orientation Meeting (ROM)**

**Trainer: CCS Consultant
Bright from the Start**

6 Hours

This workshop is a requirement for anyone wishing to open a registered family child care program. Georgia rules and regulations will be covered as they relate to creating a successful early learning environment for children in your home.

FCC REQUIREMENTS: In addition to the ROM, there are other pre-service requirements for providers attempting to open their own Family Child Care Program. The required training topics include CPR and First Aid and an additional 10 hours in the following topics: Early Learning Standards, Communication, Professional Development/Leadership, Business Management and Advocacy.

This quarter, we have the following Pre-Service trainings available:

Building a Quality Foundation: GELS and The Activity Guide for Teachers (Early Learning Standards)

Engaging Parents: Seven Steps to Better Relationships (Communication)

40-HOUR DIRECTOR ORIENTATION

40-Hour Director Orientation

**Trainer: Quality Care for Children
Resource and Referral Agency**

Required for directors of new center and group child care programs.

This 40-hour training course will provide a beginning foundation for child care center administrators in early learning standards, business management, communication, developmentally appropriate practices, professional and leadership development, and advocacy for children, parents, center and staff. Non-refundable deposit of \$50 due by October 16th; balance due by November 6th.

NATIONAL ACCREDITATION INFORMATION SESSION

Join us to learn more about available national accreditation programs, eligibility requirements and program standards. MCG CCR&R staff will discuss how the CCR&R can support and guide an interested program through the process and some of the potential benefits to a program earning national accreditation.

This is a free event that DOES NOT provide state-approved training credit. Pre-registration is required.

TRAINING POLICIES

REGISTRATION

- All participants must pre-register and pay any applicable fees in order to attend the class of choice.
- Enrollment is on a first-come first-served basis.
 - Your enrollment will **NOT** be processed until payment is received.
 - **Please note:** We will **NOT** collect fees at the time of the class.
 - Enrollment will be closed and registration fee returned when class limit is reached.
- Registration should include name of person attending, date and training desired and a phone number. An e-mail address would also be helpful, but is not required.

FEES

- Training fees must be received on or before the due date noted on calendar (when applicable) in order to be registered. Fees received in our office after the due date will be returned or a credit will be issued towards another class.
- Fees may be mailed, with registration form, to the following address:

Medical College of Georgia CCR&R
277 Martin Luther King Blvd., Suite 104
Macon, GA 31201
- We currently accept payment in the form of cash, check and money orders.
 - Cash fees may be dropped off during our normal business hours: Monday – Friday 8:30 a.m. – 5:00 p.m.
 - Checks and money orders should be made payable to: “MCG CCR&R”.
 - There will be a \$30 fee for any returned checks.
- If a check is received for a class for which MCG CCR&R is not receiving payment, attempts to contact the participant will be made in order to return the payment. We cannot forward payment on to any other agency or person.

CANCELLATIONS

- Classes are subject to cancellation if there is not an adequate enrollment.
 - Class cancellation is determined at least three (3) days BEFORE the class is scheduled to be held and all participants will be notified via phone and/or mail of any cancellations.
- If you pay for a training and are unable to attend, a credit will be given **only** if we have received advanced notice. **If you register for a FREE training and do not give advanced notice of cancellation, you will not be permitted to register for another FREE training for one year.**

CLASS ETIQUETTE

- All participants are required to participate for the full training time allotted.
 - Participants will **not** be allowed to enter if arrival is ten minutes after the start time.
 - Class credit will not be given for late arrival.
 - Leaving during a training session and/or participating in phone calls or text messaging may result in a loss of credit for attending the class.
 - In most cases, completion of an evaluation and/or pre- and post-test will be necessary to receive credit.
- In order to ensure a quality training experience for everyone, children are **not** permitted in trainings.



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Training Registration

Using the Training Calendar, please fill out this portion for EACH person you are registering and return with payment. Feel free to make copies of this form for multiple registrations. Please print clearly and make checks payable to: "Medical College of Georgia CCR&R". Please read the MCG CCR&R training policies for detailed information on cancellations, credits and free trainings.

Registrant #1

Name: _____ County of Residence: _____

Home Phone: (_____) _____ Business Phone: (_____) _____

Email Address: _____

Child Care Program Name: _____

Class	Date	CEU's*		Cost
		Y	N	\$
		Y	N	\$
		Y	N	\$
		Y	N	\$

TOTAL \$ _____

Registrant #2

Name: _____ County of Residence: _____

Home Phone: (_____) _____ Business Phone: (_____) _____

Email Address: _____

Child Care Program Name: _____

Class	Date	CEU's*		Cost
		Y	N	\$
		Y	N	\$
		Y	N	\$
		Y	N	\$

TOTAL \$ _____

*Continuing Education Units (CEU's) are required to renew a Child Development Associate (CDA). These CEU's are offered as a service of MCG's Department of Continuing Education for attendance at any approved training on the CCR&R calendar. To assist you, we have identified the qualifying trainings on the front page of the Training Calendar. **If you are requesting CEU's, please include an additional \$6 per qualifying training in your total payment.**

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The Cornell University Family Development Credential at MCG Child Care Resource and Referral

January-May 2010

Location to be announced

*Earn 90 state-approved hours
for child care providers!*

Would you like to...

- Earn a credential to further validate and professionalize the work you do with families?
- Receive college credit recommendation for that credential?
- Develop strength-based skills to work more effectively with families?
- Join Cornell University's nationwide family development movement?

If you answered **YES**, then this program is for **YOU!**

**For more information on this opportunity
and to find out if it may be a good fit for you, visit our website or contact
Jason Jacobs, Training Manager, at jjacobs@mcg.edu**