

**PEDIATRIC CONTINUITY CLINIC
 AMBULATORY CARE CENTER
 MEDICAL COLLEGE OF GEORGIA
 AUGUSTA, GEORGIA**

DATE: _____

2 MONTH CHECK-UP

Weight: _____ %: _____
 Height: _____ %: _____
 Head cir: _____ %: _____

Name and number: _____
 Birth weight: _____ 1 month weight: _____
 1 Month height: _____ 1 month head circumference: _____

Pertinent Medical Newborn and Interval History (Illnesses, medications, etc.):

Eating: If bottle, what formula; how much in 24 hrs: _____
 If breast, how long/feed; how many feeds /24 hrs: _____
 Encourage parents to not start solids or juice until at least 4 months of age

Sleeping: How long between feeds: _____
 Sleeps at least 5 hours at a time: Y_____ N_____

Development: Smiles: Y_____ N_____
 Turns to sound: Y_____ N_____
 Sleeps on back only: Y_____ N_____
 Watches you walk across the room: Y_____ N_____
 Where does child sleep? _____

GENERAL PHYSICAL EXAMINATION - STAR IF YES AND DESCRIBE BELOW

Pain Scale _____; Pain Score _____; Location: _____; MD Notified: _____; Initials: _____

	Normal			Normal	
	Y	N		Y	N
General Appearance	_____	_____	Ribs	_____	_____
Alertness	_____	_____	Heart	_____	_____
Hearing	_____	_____	Abdomen	_____	_____
Head Control	_____	_____	Genitalia	_____	_____
HEENT	_____	_____	Hips: thigh folds	_____	_____
Red Reflex	_____	_____	Ortolani	_____	_____
Neck	_____	_____	Barlows	_____	_____
Lungs	_____	_____	Neurological	_____	_____

OTHER PERTINENT PHYSICAL FINDINGS:

**ANTICIPATORY GUIDANCE - 2 MONTH CHECK-UP:
ASK QUESTIONS AT LEAST ONCE BETWEEN 2 WEEKS AND 6 MONTHS OF AGE**

	YES	NO
Smoking in the house	_____	_____
Is there a smoke alarm in the house	_____	_____
If guns in the home, are they locked in a cabinet	_____	_____
Lead Poisoning risk factors	_____	_____
Home built before 1960	_____	_____
Renovated within that time	_____	_____
Does a family member have increased exposure	_____	_____
Does a family member have an elevated lead level	_____	_____
Did the child travel to the office in a car seat	_____	_____
Are electrical outlets covered	_____	_____
Medications, plants in house	_____	_____
Is the child in day care each day	_____	_____
Do you plan to use a walker	_____	_____

Remind parents always to be careful to **NOT**:

- Leave the child on high places such as the changing table, bed or sofa
- Put anything near the baby's reach that the baby might choke on such as food
- Hold the baby while drinking or holding something hot
- Leave out a recently used Curling Iron: a common cause of burns
- Lay down the baby with the bottle

Encourage Parents to:

- Hold, cuddle, talk and sing to their baby
- Stimulate the child with age-appropriate toys
- Encourage partner/other caregiver to participate in the care of the child

DEVELOPMENTAL MILESTONES TO EXPECT BY 4 MOS OF AGE:

- Rolls from stomach to back; smiles and laughs and vocalizes
- Sleeps 10-11 continuous hours at night
- May start to take cereal and solid foods

IMPRESSIONS: 1. _____
2. _____

MEDICATIONS: 1. _____ 2. _____

IMMUNIZATIONS: 1. _____ 2. _____ **DTaP#1, HIB #1**
3. _____ 4. _____ **Hep #2 (1-4 month)**

RETURN TO CLINIC: 4 months of age **Polio #1 (IPV)**
Prevnar #1

Continuity Clinic Resident _____

Attending Note: _____

Signature of Attending: _____